And thereby hangs a tail: morphology, developmental patterns and biomechanics of the adhesive tails of crested geckos (Correlophus ciliatus)

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Among the most specialized integumentary outgrowths in amniotes are the adhesive, scale-like scanners and lamellae on the digits of anoles and geckos. Less well-known are adhesive tail pads exhibited by 21 gecko genera. While described over 120 years ago, no studies have quantified their possible adhesive function or described their embryonic development. Here, we characterize adult and embryonic morphology and adhesive performance of crested gecko (Correlophus ciliatus) tail pads. Additionally, we use embryonic data to test whether tail pads are serial homologues to toe pads. External morphology and histology of C. ciliatus tail pads are largely similar to tail pads of closely related geckos. Functionally, C. ciliatus tail pads exhibit impressive adhesive ability, hypothetically capable of holding up to five times their own mass. Tail pads develop at approximately the same time during embryogenesis as toe pads. Further, tail pads exhibit similar developmental patterns to toe pads, which are markedly different from non-adhesive gecko toes and tails. Our data provide support for the serial homology of adhesive tail pads with toe pads.

1. Introduction

The adhesive capabilities of lizards have captivated naturalists since Aristotle, over 2000 years ago (e.g. [1–8]). The lamellae and scanners (sensu [5]) of gecko and Anolis adhesive toe pads are highly specialized. Adhesive ability is facilitated through hair-like, hypertrophied elaborations of the epidermis known as setae [9,10]. At a gross morphological level scanners possess tendinous connections to the digits and either reticular vascular networks or adipose pads to facilitate control while lamellae lack these structures [6,11]. Geckos exhibit a spectrum of digital morphologies, including toe pads with scanners, toe pads with a combination of scanners and lamellae or no adhesive structures at all [5,11,12], whereas Anolis only have toe pads with adhesive lamellae [13]. Excluding an analogous, yet poorly understood, evolutionary origin of digital adhesion in scincid lizards [14], adhesive toe pads are hypothesized to have evolved independently approximately 15 times (approx. 14 gains in gekkotans and one gain in Anolis; [8,12,15]). However, toe pads are not the only adhesive, setae-bearing structures of lizards. Several gecko lineages exhibit setae-bearing, adhesive scanners at the venterodistal tip of the tail.

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lineages are geographically and phylogenetically disparate and comprise species in 21 genera in three of the seven gecko families (electronic supplementary material, S1 and S3). While no phylogenetic analyses of adhesive tail evolution have been done, it appears these structures evolved independently at least five times—one each in the families Sphaerodactylidae and Diplodactylidae and three times in the Gekkonidae [16]. The adhesive tail pads of diplodactylid geckos, henceforth called tail pads, are perhaps the most well-studied and are hypothesized to be serial homologues of adhesive toe pads [17]. Serial homologues are morphological structures that are present as multiple copies in the same organism and share a set of developmental constraints, such as fore- and hindlimbs of tetrapods [18–21]. Bauer’s [17] hypothesis is based upon striking morphological similarities between adult adhesive toes and tails: reticular networks of blood vessels in addition to muscle fibres attaching directly to the dermal cores of scanners to provide control of the adhesive apparatus, adipose tissue to function as a cushion for the scanners, and of course, fields of setae covering the distal subcaudal tip [17]. Further evidence for the serial homology between toe and tail pads is their apparent evolutionary coupling. The absence of taxa exhibiting tail pads, but no toe pads, suggests that the evolution of toe pads is a prerequisite for evolving tail pads [17,22]. Corroborating the identity of a character as a serial homologue requires developmental data. The only developmental data available to Bauer [17] were a small post-natal series of Rhacodactylus auriculatus, preventing any further corroboration of serial homology.

The development of lizard toe pads, in general, is poorly known. In some geckos, the first scansorial ridges form at the proximal–distal direction (Tarentola, Ptyodactylus; [23–26]). In Anolis, the beginning of lamella development follows similar patterns of lepidosaurian scale development [27]; however, the epidermis subsequently undulates, giving rise to asymmetrical lamellae [28,29]. Alternatively, previous studies suggest that all other body scales, with the exception of tail scales, arise from individual, dome-like epidermal papillae (i.e. placodes; [30,31]). This suggests that the developmental programme that gives rise to adhesive toe pads is derived. With the exception of a handful of works [17,22,32–35], the evolutionary morphology of adhesive tail pads has been largely ignored and remains enigmatic and the function and development of these pads have not yet been investigated. The combination of developmental and functional data will provide a robust test of the serial homology hypothesis posited by Bauer [17]. Here we (i) characterize the anatomy and micro-anatomy of Correlophus ciliatus (Diplodactylidae) tail pads, (ii) characterize the functional capability of an adhesive tail pad in relation to its toe pads and (iii) reinvestigate Bauer’s [17] serial homology hypothesis by using developmental data to identify potential developmental constraint in the evolution of adhesive digits and tails.

2. Methods

Correlophus ciliatus are large-bodied (108 mm average snout–vent length, SVL), arboreal geckos native to New Caledonia [36–38]. Like all other New Caledonian diplodactylids, C. ciliatus exhibit not only adhesive toe pads, but also an adhesive tail pad at the tip of a robust, prehensile tail (figure 1a). This species was not included in Bauer’s [17] investigation because it was thought to be extinct and only ‘re-discovered’ in the mid-1990s [41,42]. To compare tail development, we collected embryos of C. ciliatus and embryos of a digital pad-bearing, but non-adhesive-tailed gecko (Lepidactylus lugubris) following protocols of Sanger et al. [43] and Griffin et al. [44], respectively. Embryos from both species were collected from captive colonies housed at Marquette University. Protocols for gecko husbandry are detailed elsewhere [37,44]. Using 286 collected embryos, we produced an embryonic staging series for C. ciliatus, the first staging series for any pygopodid gecko, using published gekko staging series as a reference [45,46].

(a) Morphology

We examined tails and feet of pre- and post-natal specimens using scanning electron microscopy (SEM). Through a separate investigation of embryonic apoptosis, we also identified areas of substantial apoptotic activity within early tail pad development (stage 35 embryo) using Lysotracker Red DND-99 [47]. Setal densities of SEMs were estimated, following Bauer [17]. We investigated the relationship between setal density and maximum seta height in a phylogenetic context combining our C. ciliatus data with data from Bauer [17] and Schleich & Kästle [48] using the phylogeny from Skipwith et al. [49] and phylogenetic independent contrasts [50–53]. We also examined internal anatomy of post-natal tails using computed tomography [54], clearing and staining [55] and histology [56].

(b) Adhesive performance measurements and scaling

We measured frictional adhesive performance from the tails and forelimbs of 10 C. ciliatus over a range of body sizes (6.0–41.3 g) following the methods of Higham et al. [57], in which peak tensile force (Newtons) is obtained by placing the animal’s adhesive pad(s) onto a pristine section of acrylic and slowly pulling the animal (or autotomized tail) in parallel opposition to an attached portable force gauge until pad slipping occurs; a single maximum force value was taken after multiple trials for each forelimb and tail. Obtaining reliable measurements often required the tail be autotomized. Once disconnected from the body, the adhesive strength of the tail was measured as above. Adhesive performance in geckos does not require active control [58], and removing the tail first avoided any variation due to behaviour or motivation (i.e. prehension). That said, we obtained tail adhesive performance before and after autotomy for most geckos.

We quantified the scaling relationships between adhesive force and body mass using linear regressions. Variables were first log-transformed to linearize the data. The slope of the regression represents the scaling exponent, with a slope of one representing the expected relationship from previous studies of interspecific scaling [7,57]. Scaling relationships were obtained for both the manus and the tail. Additionally, we calculated the potential for the adhesive tail tip to support the entire mass of the animal in a vertical orientation, as might occur when hanging from a branch. To do this we calculated tail adhesive safety factor, the ratio of maximum adhesive force of the tail to the force due to gravity (body mass × acceleration due to gravity). A value greater than one indicates the tail alone could support the body.

We investigated scaling of toe pad and tail pad area with relation to SVL using 24 formalin-fixed specimens, ranging from hatchlings to adult (36.8–108.3 mm). After log-transformation, we tested for differences between toe pad and tail pad area versus SVL scaling using linear regressions and analysis of variation [59].
Figure 1. (a) A time-lapse of a subadult Correlophus ciliatus using its prehensile tail with adhesive tail pad to climb down a branch. (b) Scanning electron micrographs in ventral view of an adult C. ciliatus tail pad. Magnified images of different areas of the tail tip are framed by solid white boxes (distal), dashed white boxes (middle) and dotted white boxes (proximal). Each column is equally magnified relative to the three regions of the tail. Note that the distal tip of the pad exhibits dense fields of setae and more proximal regions have increasingly shorter spinules. (c) Caudal osteology of C. ciliatus depicted through μCT. Ventral view of caudal and sacral vertebrae and portion of pelvic girdle. Dashed white box illustrates autotomic vertebrae magnified in lateral view (1) and transverse view (2). (d) Hall–Brunt Quadruple stained sagittal section of the C. ciliatus adhesive tail pad. Scansor rows 7–12. a, Adipose tissue; d, dermis; e, epidermis; h, hypodermis; hm, hypaxial muscle; s, scansorial unit; sf, setal field. (e) Average heights of a non-pad-bearing gecko (Nactus) spinules, Anolis toe pad setae, Correlophus tail pad setae and Gekko toe pad setae. Figure adapted from Russell [39] and Peattie [40]. (Online version in colour.)
3. Results

(a) Adult morphology of the adhesive tail pads

The tail of *C. ciliatus* comprises 27 amphiocelous caudal vertebrae with reduced transverse vertebral processes, similar to other functionally prehensile-tailed geckos (e.g. *Aleurosalamates felinus*; [60]; figure 1c; electronic supplementary material, S4). Unlike most geckos, no autotomy planes are visible distal to the eighth vertebra. Hypaxial muscle bundles are larger than epaxial muscle bundles (electronic supplementary material, S4). Fields of long, branching setae cover the ventrodistal tip of the adult tail (figure 1b,d). This field occupies the distal most 13–16 scale/scansor rows, with proximal scale row exhibits shorter setae, and ultimately, non-branched spindles (figure 1b). Mean height of tail setae = 20.0 µm (*N* = 30 setae, measured from a ventrolateral tail scansor), the longest measuring 26.6 µm (figure 1b,c; electronic supplementary material, S2). Mean height of toe setae = 23.8 µm (*N* = 30), the longest measuring 32.7 µm (electronic supplementary material, S5). Setal densities between tail and toe pads are close to each other: tail = 32 950 setae mm⁻²; and toe = 30 000 setae mm⁻². There is an inverse relationship between maximum setal height and setal density in toe pads (*r² = 0.2889, *F* = 5.468, *p* = 0.0414), but not tail pads (*r² = 0.2909, *F* = 3.282, *p* = 0.1076; electronic supplementary material, S6). Distal scansors/scales are more imbricate and asymmetrical than proximal scales or the scales on the dorsal surface of the tail (figure 1d; electronic supplementary material, S4). Unlike the dorsal scales, the dermal core of scansors sits above a thick hypodermal layer of adipose tissue (figure 1d; electronic supplementary material, S4).

(b) Adhesive performance measurements and scaling

The adhesive performance of the manus ranged from 1.33 N to 8.12 N, with larger geckos clinging with greater force (*r² = 0.95, *p* < 0.001; figure 2a). Adhesive performance of the manus scaled with mass[^4^]. The adhesive performance of the tail pad ranged from 0.22 N to 1.19 N, and also increased with body size (*r² = 0.88, *p* < 0.001; figure 2a). Adhesive performance of the tail pad with mass[^5^]. The safety factors of the tail pad ranged from 0.25 (largest gecko) to 5.57 (moderately sized gecko). Given an expected scaling exponent of 2 under isometry, the toepad area scaled with isometry (scaled with SVL[^6^]), whereas the tail pad area scaled with negative allometry (scaled with SVL[^7^]; figure 2b).

(c) Pre-natal development of adhesive structures

*Correlophus ciliatus* toe pad development begins shortly after interdigital webbing recession (stage 36; figure 3; electronic supplementary material, S7). Four subdigital scansorial ridges initially form in the widest, distal portion of the digit. Shortly after, a small number of new ridges form distally and many more ridges form proximally, all while simultaneously expanding laterally (figure 3). Individual scansors become more imbricate with one another until toe pad development is complete at stage 42 (figure 3).

Tail tip shape changes drastically during *C. ciliatus* embryonic development. The tail tip is initially pointed and subsequently sculpted away into a wide, blunt end through apoptosis (electronic supplementary material, S8; figure 3). Tail pad development occurs immediately after toe pad development begins. Prior to any signs of scansor development, a subcaudal sulcus forms along nearly the entire length of the tail (stage 36). This sulcus is associated with enlarged hypaxial muscle bundles found in other prehensile-tailed geckos [17]. The distal-most portion of the tail exhibits lateral outgrowths, creating a distal pad which is somewhat wider than the rest of the tail (figure 3; early stage 36). Shortly after (mid stage 36), large lateral scansorial ridges form in the distal portion of the pad before forming new ridges in a distoproximal direction (stage early–mid stage 37). At stage 38, the distal scansorial ridges begin subdividing into numerous, raised units within a scansorial ridge (figure 3). We henceforth refer to this process as granularization. Subsequently (stage 39), the distal portion of the tail expands further laterally, forming a spatulate pad. The pad expands laterally and scales granulate in a distoproximal direction until tail pad development is complete by stage 42 (figure 3). Embryonic development of the non-padded tail of *L. lugubris* is notably different from *C. ciliatus*. *Lepidodactylus lugubris* does not exhibit a subcaudal sulcus and the first signs of tail scale development occur at stage 39 when approximately eight evenly spaced annular scale rows form simultaneously along the length of the tail (figure 3). Further annular scale rows form in between these initial rows by stage 40 and then granulate simultaneously by stage 41 (figure 3).

4. Discussion

(a) Adhesive tail tip structure and homoplasy

*Correlophus ciliatus* has been considered unique among adhesive-tailed geckos in having a paddle-shaped distal tail tip, thus
expanding the adhesive field compared to tail pads of other species [17, 61]. However, despite this unique paddle-shape, the surface morphology and histomorphology of the Correlophus ciliatus adhesive pad is largely similar to other gecko tail pads [17, 62, 63]. Setae are branched and of comparable height to toe setae, hypaxial muscle bundles are enlarged to presumably assist with prehension, and subdermal adipose tissue likely plays a role in cushioning scanners against surfaces (figure 1b,c; electronic supplementary material, S2 and S4; [5, 17, 64–66]).

Setal heights and densities are similarly large between toe and tail pads (electronic supplementary material, S2). We demonstrate a significant inverse relationship between setal height and density in diplodactylid toe pads. The lack of this relationship in tail pads is likely due to a small sample size. In the gekkonid gecko genus Gekko, Bauer & Good [67] hypothesized that as body size increases between species, setal height and density increase and decrease, respectively. This relationship generally holds true for New Caledonian diplodactylids, but not New Zealand diplodactylids (electronic supplementary material, S2; [17]). Small-bodied Bavayia exhibit moderate setal heights (29–32 µm) with extremely dense fields of setae (35 600–42 900 setae mm⁻²) while the large-bodied Rhacodactylus exhibit larger setal heights (34–38 µm) with less dense fields of setae (13 700–18 800 setae mm⁻²). The microanatomy of Correlophus ciliatus tail pads deviates from these trends. Although they exhibit sete of a comparable height to other large-bodied New Caledonian diplodactylids, seta densities of Correlophus ciliatus tail and toe pads are much higher, on par with densities exhibited by Bavayia saracogii toes and tails (electronic supplementary material, S4 and S2). Further, the setal tip width (i.e. the amount of branching) is larger than any other studied diplodactylids (electronic supplementary material, S2), with both toe and tail setae having a setal tip that is two to three times wider than the closely related Correlophus sarasinorum. The increased density of tail setae, coupled with large setal tip width, may provide Correlophus ciliatus with adhesive ability which exceeds that of other diplodactylid geckos. However, it should be noted that setal densities can vary on gecko toe pads depending on location of measurement [68–70].

(b) Functional significance of tail adhesion

Digital adhesion in Correlophus ciliatus is similar to some of the highest absolute adhesive forces recorded for geckos (see [7, 57] for comparative values). Gekko gecko is the only species with higher recorded forces [7, 58]. Correlophus ciliatus tail adhesion is substantial; forces frequently exceeded 1 N, which, in those cases, represented up to 80.2% of the force estimated to be produced by a single digit. Correlophus ciliatus tail adhesion values far exceed digital adhesion of Anolis, another pad-bearing group of lizards often studied in the context of digital adhesion. With both forelimbs engaged, A. carolinensis and A. sagrei generate 1.5 and 1.3 N of adhesive force, respectively [7]. Thus, crested gecko tail adhesive force often exceeds the forces that these anoles can generate with a single manus.

Safety factors for tail adhesion are, in all cases, sufficient to support the mass of the entire body in a vertical orientation, which means that Correlophus ciliatus could potentially hang from a branch using only their tail. In fact, the maximum value of safety factor exceeds five, indicating that a single tail could theoretically hold up to five Correlophus ciliatus without losing grip. Additionally, the tails are capable of prehension, adding yet another component to their clinging ability. Although it is unclear how much grasping force the tail could exert on a perch, some lizards (e.g. chameleons) can exert up to 35 times their own body mass in grip force with their tail [71].

The scaling factors of digital and tail adhesion with respect to body mass in Correlophus ciliatus were not significantly different from 1, which is comparable with previous research on geckos and other pad-bearing lizards [7, 57], as well as leaf-cutting ants [72]. This ‘functional similarity’ is not found when examining the relationship between toepad area and adhesive force [7], where it largely follows the predicted scaling factor of 0.67 with respect to body mass. Therefore, other aspects of adhesive morphology, such as setal dimensions or density, are likely driving the functional similarity. Although the scaling exponents of adhesive pad area of the tail and digits (with respect to SVL) are not significantly different from each other, only toepad area scaled with isometry. By contrast, the tail pad scaled with negative allometry, possibly indicating that tails are more important for clinging in smaller geckos. This could be attributed to a shift in habitat use through ontogeny, although little is known about substrate use in nature.

(c) Revisiting serial homology of adhesive tail tips to adhesive digits

Correlophus ciliatus toe and tail pads exhibit strikingly similar patterns of pad subdivision and extension during development (figure 3). Additionally, the onset of pad formation and subdivision occurs near synchronously in both structures. The development of adhesive toe pads in Correlophus ciliatus is similar to Tarentola geckos [24–26] suggesting comparable developmental mechanisms underly the formation of adhesive structures in both species. Consequently, our data provide further support to Bauer’s [17] hypothesis that the adhesive tail pads of some diplodactylid geckos are serially homologous to their toe pads. Our results only support this conclusion for the single origin of adhesive tail pads which includes Correlophus ciliatus (clade comprising Pseudoeucordyceus + New Caledonian geckos; [49]). A comparative developmental investigation of other groups (e.g. New Zealand geckos, Lygodactylus, Euleptes, etc.) is required to corroborate serial homology in other tail pad-bearing taxa. Further evidence of serial homology between tail and toe pads comes from similarities of setal development on the digits and regenerating tail of the New Zealand diplodactylid, Woodworthia maculata [62]. Such an experiment is impossible with Correlophus ciliatus as they do not regenerate a full tail after autotomy, nor amputation [73]. Although there are underlying differences between toe and tail pads in skeletal, muscular and tendinous morphologies, these likely reflect the distinct ancestry upon which the adhesive pads evolved [17, 41] and do not detract from the serial nature of the tail and toe adhesive apparatus.

The degree to which tail pads and toe pads are evolving independently (paramorphs; sensu [19]) or in tandem (homomorphs; sensu [19]) is unclear. Although the presence of tail pads appears linked to the presence of adhesive toe pads, anecdotal evidence suggests toe pad shape and size does not predict tail pad shape and size [17, 74], suggesting some degree of independent evolution. Further investigations into other tail pad-bearing taxa may determine whether they exhibit different ranges of covariation between tail and toe pad shape and size [75].
Figure 3. Scanning electron micrographs of digital and caudal development in *Correlophus ciliatus* and caudal development in *Lepidodactylus lugubris*. Embryonic stages 36–42. Plantar views of left manus, digit IV and ventral views of the distal tail tip. In *C. ciliatus*, both toe pads and tail pads exhibit a distal-to-proximal development of scansor rows, which subsequently subdivide into what will become the adult scansors. In *L. lugubris*, scale annuli form synchronously along the entire length of the tail and wrap around the circumference of the structure (stage 38, white arrows). Initial annuli become more distinct (stage 39, black arrow) with annuli appearing near the distal tail tip (stage 39, white arrows). Eventually additional annuli form in between the initial annuli (stage 40, white arrows) and subsequently become granular (stages 41–42). Scale bars = 500 µm.
Following pad subdivision and extension, tail pads deviate from the developmental pattern seen in toe pads and begin to exhibit granularization of the individual scansors (figure 3). We posit the adhesive scansor development programme, via homeosis, was supplanted onto the tail tip, resulting in markedly similar development of scansorial ridges. Soon after, the scansors granularize, creating numerous placode-like structures, which resemble typical reptile body scale development [76]. Unlike C. ciliatus, other adult gecko tail pads, like those of Pseudothecadactylus and Lygodactylus, exhibit mediolaterally broad scanners with few to no granular scanners [17,77]. To our knowledge, this derived, granularizing pattern has not been documented in other studies of amniote integumentary development [76,78]. Identifying the patterns of activator and inhibitor morphogens in tail pad development is required to determine whether this is a two-step process of lateral inhibition to form tail scanners [79]. These derivations further demonstrate that our current understanding of epidermal development is incredibly simplified and requires further descriptive embryology to fully characterize the diversity of epidermal developmental patterns [78]. Further investigation into the molecular patterns and processes that produce both digital and tail adhesive pads is necessary to definitively determine the degree of homology the two structures share.

Tail pads of C. ciliatus, but not the non-adhesive-tailed L. lugubris, appear to pass through the three main stages exhibited by developing toe pads (figure 3; electronic supplementary material, S8). Adhesive toe pads of C. ciliatus and Tarentola [24,25] exhibit these stages following digital webbing reduction: (i) pad formation, (ii) distal scansorial/lamellar ridge formation and (iii) distal-to-proximal and lateral ridge extension. By contrast, non-padded lizards of the genus Pogona develop all plantar scales synchronously across the length of the digit [78]. Following these stages, the scansorial rows of developing tail pads begin to granularize, presumably being released from previous constraint (figure 3). Further developmental research is required to determine: (i) if the pattern exhibited by Pogona is the ancestral state, and (ii) if there are biases in the production of morphological variation during pad morphogenesis (i.e. developmental constraint; [80]).

5. Conclusion
Our in-depth investigation into the structure, function and development of C. ciliatus reveals their tail pads are largely similar to other diplodactylid lizards [17,62], with the exception of their extraordinarily dense fields of setae for their body size and large branching setal tips. The adhesive tail pad of C. ciliatus is highly functional, with adhesive capabilities on par with an entire Anolis manus. Paradoxically, the highly functional C. ciliatus tails do not regenerate, unlike nearly all other gecko species which autotomize their tails, including their close relatives, C. sarasinorum. Finally, we add evidence that toe pads and tail pads are serial homologues. Investigation into the molecular underpinnings of toe and tail pad development are required to definitively corroborate serial homology and identify the degree to which developmental constraint has affected the evolution of these enigmatic structures.

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